

READI-CAT 2 PREP INSTRUCTIONS

If your exam time is scheduled between 7:30 am and 12 noon: _____

Drink the 1st bottle of *Readi-Cat 2* at 11:00 pm the night before your exam.

Have nothing to eat or drink after the first bottle.

Drink the 2nd bottle of *Readi-Cat 2* one (1) hour prior to your exam.

If your exam time is scheduled between 12:30 pm and 4:45 pm: _____

Eat a light, soft (egg, oatmeal, toast – no hard cereal) breakfast prior to 8 am.

Drink the 1st bottle of *Readi-Cat 2* at 8:00 am the morning of the exam.

Have nothing to eat or drink after the first bottle.

Drink the 2nd bottle of *Readi-Cat 2* one (1) hour prior to your exam.

If your exam time is scheduled at 5:00 pm or later: _____

Eat a light, soft (egg, oatmeal, toast – no hard cereal) meal prior to 11:00 am.

Drink the 1st bottle of *Read-Cat 2* four (4) hours prior to your exam.

Have nothing to eat or drink after the first bottle.

Drink the 2nd bottle of *Readi-Cat 2* one (1) hour prior to your exam.

FOR ALL APPOINTMENTS:

- You may take your daily medications with a sip of water.
- *Readi-Cat 2* may be refrigerated for better taste.