

Prep for Barium Enema

DAY BEFORE THE EXAM:

1. Lunch
 - 1 cup of bouillon soup with crackers
 - 1 chicken/turkey white meat sandwich) no butter, mayo, lettuce or other additives)
 - ½ glass of clear apple juice or clear grape juice
 - 1 serving of plain Jell-O
 - 1 glass of skim milk
2. 1:00pm – Drink at least one full glass of water, clear juice or soda
3. 3:00pm – Drink at least one full glass of water, clear juice or soda
4. 4:00pm – Drink one 11 oz bottle of Magnesium Citrate (cold)
(Can be purchased at your local pharmacy)
5. Dinner
 - 1 cup of bouillon soup
 - 1 glass of clear apple or clear grape juice
 - 1 serving of plain Jell-O
6. 7:00pm – Drink at least one full glass of water, clear juice or soda. Take 3 Bisacodyl tablets (can be purchased at your local pharmacy) with at least one full glass of water.
7. Before Bed – Drink at least one full glass of water, clear juice or soda.
8. Morning of Exam – **Do not eat or drink anything before your exam.**

On the day before your appointment, please call Patient Registration at 978-287-3062, to pre-register Monday – Friday 7:00am – 8:00pm Saturday 7:00am – 3:00pm (closed Sunday). This will enable you to bypass the registration process the morning of your appointment and go directly down to the Radiology Department.

If you choose not to pre-register, please plan to arrive at least 30 minutes before your appointment and report to Patient Registration. When you enter the main entrance, Patient Registration will be located to your left. Please sign your name on the clipboard and have your insurance card available. You will be processed as quickly as possible and sent to your scheduled appointment.